

The Creation Of The Future In Every Day

2019-06-01

- 2019-0601-001 Beloved and holy and only Child of our heavenly Father, Child of the one Source, Child of Light, divine. That is who you are. Take it deeply within the consciousness and contemplate what that means. Child of Light, divine; not just the human, but divine.
- 2019-0601-002 I am the one known as Jeshua ben Joseph, Jesus you have called me, and it is in great joy that I come to abide with you this evening in your timing as you have chosen once again to call me forth. Great joy of reunion. Great joy to behold the love-light in your eyes, the way you come alive when you smile. You have been told that, I know, and it is true. You are the Light of the Father/Mother/God/All That Is. You are the Light that has come unto a place of seeming darkness in order to share your Light, in order to allow others to behold your Light so that they can know the Light that they are.
- 2019-0601-003 When ones come unto you and wonder what is happening and they ask of you, "Why is there so much turmoil in the world?", you smile at them. You smile and you love them, and you say, "This is passing. This, too, shall pass. All of the turmoil that is happening is, in truth, an awakening."
- 2019-0601-004 Now, I know what you have recently seen, where there were a dozen or so ones who were asked to give up the body. Other ones are in that in-between state of not quite releasing the body, but having to recover. I know that it looks like it could not be divine, and yet it is of a divine purpose. It is to awaken ones to see the love that is there as ones rush in to help. It is to see the love that truly ones are looking for and can find the coming together of the Light.
- 2019-0601-005 On the surface in human life the appearances are not always sparkling clean, but they are of purpose. They are of a divine plan in order to wake up the sleeping child who is wondering, "Where am I? Why am I? What am I supposed to be doing? Why? Why do I behold what looks like harshness, non-love?"
- 2019-0601-006 It is to bring it into clear focus—love and how love feels. And it is the out-pouring of love that you feel when the waterworks happen with the eyes and when the heart hurts, because you think, "But for the plan go I." I could have been one of the ones who were asked to release the body. Would you have done it willingly? Yes, you would have. And the ones who released

the body very recently—yesterday in your timing—there was a soul agreement that they would be in that place at that time to bring about the awakening.

- 2019-0601-007 Ones who perhaps were not thinking how this would impact had a chance to look at it and say, “Oh, this hurts,” and to come alive in that feeling of hurt, which you would say, “Well, that’s not love—the hurt.” That is the other side of the coin, for when ones hurt enough, they stop, they breathe, they ask, and then a new path is chosen.
- 2019-0601-008 Every day you have ones who are searching for reason, searching for, “Why am I here? Why do I do the same thing every day? I get up at a certain hour, I go to a certain place, I do a certain job, I do what is asked of me, but what is it all about, but why, day after day, to get to perhaps that place of retirement?” Ones say, “And then what do I do?” Because when ones get to the place of retirement, they say, “But I feel lost. That which I have known for so many years is no longer needed or wanted. Perhaps I’m no longer needed or wanted.”
- 2019-0601-009 And it is, as you understand life to be, adjustment. Every day you have a bit of adjustment to happen, to work through, some days easier than other days, but it is all about coming to a certain place...stopping, breathing, and loving self. Take a moment right now and look at the miracle that you are, the miracle that you take a breath in and it oxygenates the body cells. You look with the eyes; you see.
- 2019-0601-010 Even ones who perhaps do not have the mechanism for the physical seeing, that is for the purpose of looking deeper. And ones will awaken to the fact that if they do not have the physical sight, they have the enhancement of the other senses to work with. There is always an adjustment happening. And when ones get to the place where they can thank the adjustment that needs to be made, it is called heaven; a small bit of heaven every day, truly.
- 2019-0601-012 The first thing when you wake up in the morning, thank the body for being with you, being your servant for that day. Thank the breath as you take it in, before you start thinking about, “What do I have to do today? What’s on the schedule? What day is there? Where do I go? What do I do?”
- 2019-0601-013 Before you get to that place, breathe deeply and thank the breath. Come alive in the breath on the morrow, all of you, those present in this room, those present at a distance, those present later, all of you. I will be

watching. The first thing when you awaken, take the deep breath and say, “Ah, I’m alive,” and what a gift that is. It is a gift that you give to yourself.

- 2019-0601-014 Do not say, “Oh, gosh, I was shopping at the wrong store. Look what I bought.” No, you are the perfect gift to yourself and to others just the way you are, and when you put the smile on the face, it illumines the whole body. Ones look upon that and feel lifted up. Never think that what you do when you give a smile is just a small thing.
- 2019-0601-015 When you deal with ones at your workplace and they are not too happy with whatever is going on and you smile at them, you uplift them for a moment or so. You give them a gift of knowing that truly there is a wider world to partake in. You don’t have to, you’re saying to them just with the smile, you don’t have to just be what you seem to yourself to be, just a small bit rolling around on the Earth trying to find your place, but you are truly the Light of the world.
- 2019-0601-016 And when you smile, you amp it up a good bit and allow others to see their Light, because if you can do it, maybe they can do it. Oftentimes it is the very catalyst that they need in order to “try it, you might like it”. Try the smile; you might like it. You put it out there as a suggestion. You smile through the turmoil of ones saying, “But I need...and I needed it yesterday.” You smile at them not because you are laughing at them, but because you are loving them and allowing them to see the Light that there is in every seeming dark situation.
- 2019-0601-017 I know ones come to you, they have questions, they have wondered about, “What do I need to do? What have I done? If I’ve done something, maybe I didn’t do it right.” Every one of you have ones coming to you and asking for help, either by the words of the mouth or the question of the heart, wanting to know, “Where do I go from here? What do I do?” Sometimes they cannot even verbalize what they are feeling, but you look at them and give them a gift: you smile. You are friend to them. The gift of friendship is the greatest gift that you can give.
- 2019-0601-018 It has been said that I gave the greatest gift in giving up my body and deceasing the body for a time. That was not the greatest gift. The greatest gift that I have to give is when I sit with ones and look deeply into the love of them. I reach out and let them know in word and in touch how much I love them.

2019-06-01 Oakbridge University Channeled by Judith Coates

- 2019-0601-019 It is a miracle that happens, and it is so easy. It is the greatest gift that you can give to ones, is to be their friend, to be there for them and with them. Yes, you know this. You have seen it.
- 2019-0601-020 Now, this evening we are going to do something fun. I have promised my beloved friend and teacher, the one you know as Judith, that I might sit. The trouble is, if you sit, you always have your back to somebody or something. Anyway, we are going to do this evening a preview of what your one special week coming up in the summer is going to be.
- 2019-0601-021 The one special week that you spend together with ones of the heart is going to be delving deeper into your spirituality, into your spiritual origins, back hopefully to the place where you know yourself to be the spark of Light. Even before there was what you would identify as a physical form, you were a spark in the mind of God, a spark of Light. That's when you decided to take some form.
- 2019-0601-022 Before that you just hung out and enjoyed it. Knowing yourself came later. And now throughout what you would see to be the lineage of time, you have experimented with different forms of life and different forms that you wanted to live on and in. The one thought your scientists have called the Big Bang Theory, where there was this explosion of thought—which, by the way, is true—brought forth all worlds, all potentialities of form and non-form, and you have said, "What can I play at and with?"
- 2019-0601-023 You as the Light created along the way the firmament—you have heard this; it is written in your holy writings, more than just what you have extant today, your holy writings, that the light danced upon the firmament. Now, who brought together the firmament? Who? (K: We did) Yes, exactly, and you are still doing that; otherwise, you wouldn't be here sitting, standing, walking on something. Every day when you awaken and take that breath, that is the sign to the firmament to please be there for you. When you step out of bed, hopefully it will be there, and it is—at least, so far.
- 2019-0601-024 Because, you see, it is on-going. Creation is on-going, and you create every day, believe it or not. You create that which you experience in the day. So I have said to you many times, if you do not like what you are creating, choose anew, because you are the one creating. But I digress.
- 2019-0601-025 Back to what you call the beginning, which seems in your reckoning as linear time to be a long, long time ago. And in that reckoning, yes, it is a long time ago. And yet there is within memory a knowing of form and a knowing of non-form. Because in the beginning—ones always like stories that begin, "In

the beginning..."—there was God; You; the essence of you, the Reality—capital "R"—of you. And it asked of Itself, "What can I create?" And with that thought, all worlds were born. You have done a lineage of creation since then for the purpose of knowing Who and What you are.

- 2019-0601-026 Now, oftentimes ones get caught in the creation and say, "Well, this is what I am." No, it is what you are creating. You are, as there is no separation, you are One with the creative Source—capital "S"—and you are creating all the time. Sometimes you can see what you are creating, sometimes you can feel it, touch it, breathe it. Other times you create—I see you doing this in this day and time—you create a possible future, and sometimes the possible future is good, happy, "Really looks like something I'd like to do," you say. And sometimes, quite often, if you are not exactly watching your thoughts, you can go forward into what you feel the future of that day and say, "Oh, but I have to do such and such, and it's not going to be good." And in that moment, it is not good. The body rebels. The body says, "Oh, it doesn't feel good; I can't breathe."
- 2019-0601-027 So you choose anew. And you do. I see you doing this now. For a long time lineage of lifetimes, you thought you were controlled by others. You thought that everyone else had more power and power over you. There were the kings, there were the queens; they made decisions. You have now one who remembers his lifetime as a king and wishes that he could act from that place—and tries to—but you, being co-creators, every once in a while you say, "Wait a second. Is that what I would do?"
- 2019-0601-028 You have some fun, because you go forward in judgment and play with that for a while, and that is good. That is what it is all about, is to come to that awakening where you say, "This is being created," and if you don't like it, re-create. Go out and have some recreation. Go fishing. Go do something that is fun. Re-create yourself. That is why you have that word.
- 2019-0601-029 In the beginning there was thought to create, and from that one thought have come all worlds, all form and unformed. You have not always lived upon holy Mother Earth. You came here from another star system. That is why you enjoy your so-called science and fiction. You like your stories because they tickle that remembrance within you. That is why some twenty-thirty-fourty years ago, as you count time, you had a burst of what was called science fiction. Now, that has always been in the background of the mind, what is now called science fiction. And as has been said, it is not science

and it is not fiction, because anything you can create, think of, has been. It is a memory, truly.

- 2019-0601-030 In a galaxy far, far away you lived, you loved, you had form, perhaps not the same form as this, because you've tried different forms. And you brought forth the creations of, as you call it now in this day and time, technology so that you could travel out of the gravity field of that certain home planet, as you would be calling it, in a galaxy. You brought forth Light, because you know yourself to be Light. And you went with the speed of light to see what else is out there, creating as you went along, because it did not exist before you created it. Take that deeply within the mind and play with it.
- 2019-0601-031 When you awaken in the middle of the night and cannot sleep, think, "What have I created in perhaps other lifetimes where it has not been on holy Mother Earth? What and where have I been?" Because you are most creative beings. If there is anything, one sentence you take from this evening, it is to remember that you are creative beings, and you are creating every moment, as you are creating this evening that which we share.
- 2019-0601-032 What I say to you truly comes from you and is mirrored back to you, although you think I am saying it as something new. But truly that which you hear, you are creating. So I say unto you to hear me well. If you want something different than what you are living, stop, create anew, because you have the power to do that.
- 2019-0601-033 "But Yeshua, I have this really good job. Well, it's not such a good job, but it pays really well and it's got prestige to it. I'm not happy with it. I don't like my co-workers and I don't like the principles that they live by, but they do know how to bring in the golden coins, and that allows me to make choices and do some of the things I want to do. But I'm not really happy there. What should I do?" This question keeps getting asked of me".What should I do"?
- 2019-0601-034 What do you want to do? If you don't know off the top of your head what you want to do, that's okay. Sit, breathe, think, create; create anew. Everything you experience, you are creating. So if you don't like what it is, get really enamored with Self-capital "S"—and go for it; change it. You've done that, and you know. It's exciting. It's kind of scary, because you're right on the precipice and it's like, "Well, if I let go of what I have—and I've

spent a good fifty years putting this together—where will I go, what will I do? And what if I don't like that?"

- 2019-0601-035 Well, you choose anew, do something different. You are only as old as you think you are. So if you want to be young—you have witnessed this with a friend of yours recently who has walked into love and found a useful activation—it is there for all of you.
- 2019-0601-036 I'm not saying that you have to go out and find someone to love and to marry in order to find it. You don't have to do that, not even that much. You wake up in the morning and say, "Ah, I am alive. What am I going to do today?" Even if it seems to be the same thing that you've done other days, it will be a new day, because you look at it differently, because you are looking for something. You want to see how many people will come into your workplace and smile at you. You keep a tally, and maybe you end up with a dozen.
- 2019-0601-037 Maybe because you are smiling you end up with fifty, or maybe because it's raining outside—although there are ones who love to play in the rain—maybe the number is not as big. It doesn't matter. Your heart is happy. Create a happy heart. Be as young as the new day. You are creating it. Why not?
- 2019-0601-038 Holy Mother Earth, your scientists will tell you, is a rather young planet. In other words, have you lived somewhere else with another form before you have come here? Probably yes; not necessarily. It could be that you just decided out of the one thought that you are that you would sit by and watch what the other ones are doing, and then after a while maybe you would take form; and you have done that. And there are ones even yet who sit up on the tops of trees and watch you as you play until they get up the courage to maybe have form themselves and come and play.
- 2019-0601-039 You did this for a while, because you wanted to see. "I don't want to jump into something." You have a certain caution. "I don't want to jump into something that might not be too good," forgetting that you are the one who created it in the first place, so that you can have whatever you want to create. If you know that, blessed are you, because you're going to create a most wondrous day to be out in nature, and you're going to have the energy that allows the legs to walk, the lungs to fill up with fresh air, the eyes to see the light around the trees, the bushes, all of the animals. You are going to come alive in that day, and you are going to say, "Ha, I am the one creating this." I like that.

- 2019-0601-040 Live life to the fullest. Live life because you are enjoying it. Now I'm going to do something really wild. I'm going to play with the hair. Thank you. Thank you for allowing me. Look at that beautiful shine to the hair, the little bit of a curl, just a wave in there; most beautiful creation; not bad. You see, you usually don't take time to think about yourself, and what you do usually is to judge and say, "Oh, well, I should have done something better with my hair. I should stand up straight, I should..." whatever, all the shoulds of everything. You look to others and see the gift that they are, the gift that they give to you because you are looking at them, and you see the love light in their eyes and feel good, because it is a gift that you are giving.
- 2019-0601-041 Every one of you comes alive in the gift that you give, and by giving you receive, of course, because nothing is ever done in separation. You see, all the world is a stage. But it is a truth that nothing is ever done in separation. You are One—capital "O"—with the creative thought, bringing forth the reality that you are living in.
- 2019-0601-042 So as I started to say before I digressed, which I'm very good at, you have not always lived upon holy Mother Earth. You have experimented with other physical forms. You have been the very small ant, because you wanted to know, "How does it look with everything above me?" You have lived as the dinosaur, because you wanted to know, "How does it look when I go tromping through everything? How does it look from that vantage point? How does it look when I am the giraffe with a long, long neck, graceful neck, and I can see above the other creatures because I'm tall and graceful?"
- 2019-0601-043 Do you know—I digress again—do you know that oftentimes you have chosen the name Grace? Because of the grace of the giraffe. There are certain names that you feel more aligned with, and you come in several lifetimes and choose the same name, because it just "feels like me", so you choose it. And then a lifetime comes where you say, "Well, I guess I'll try another name." And then in that lifetime someone calls you by the other name that you had many lifetimes, and you answer. And then you think, "Oh, no, that's not me." Why not? There are certain names that you are attracted to that just really feel like home, "feel like me". Why?
- 2019-0601-044 You have lived many lifetimes, more than can be counted, and yet it is one lifetime from the one thought to create. So you have experienced everything that you see, that you read about, that your experts tell you

about, all of history, and truly you are creating it moment by moment for the sheer fun of it.

- 2019-0601-045 "Oh, hell ,Jeshua. This can't be for the sheer fun of it." Why not? Step out of it for a moment, look upon it anew. Sometimes it takes a bit of discipline to look upon it anew, but when you do, other worlds open to you; possibilities. The facets of the diamond are you. That is how beautiful you are, all of you.
- 2019-0601-046 So in a galaxy far, far away, a long, long time ago as you reckon time...and yet when you think of it and remember it, where is time? It's right here. When you bring it to mind, it is right here with you. Therefore, we come back to the axiom: There is no separation. What seems to have been past a long time is right here as you think of it, right here with you, no separation. And when you think of the future, how can you visualize the future if you have not been there already.
- 2019-0601-047 Your science fiction that talks of future time, where does that come from? Well, the writer would say, "I just opened my mind and put myself forward." Yes, into the remembrance of what you've already done, because you have lived the future. You have the saying in your world, although you don't understand it, but you are the future.
- 2019-0601-048 You have your small ones, your children, and you say they are the future. Yes, they are, but so are you, because you are the Child, the Child of the Father, the one Source of all Being, the energy of life, the creative energy. And you live it every day without knowing that you are living it every day. This is what I am speaking to you in this evening.
- 2019-0601-049 In a galaxy far, far away and a long, long time ago, you played. Then you decided you'd make another galaxy and you would play some more. And on and on, as much as you can envision, you create. You have been the dinosaurs, you have been the ants, you have been the butterfly, you have been the bird, the tiny little bird and the big bird. Everything you can envision, you have created. I will not say that you can create it. I will say that you have created it, for the sheer creativity and fun of knowing, "I can do it." It's a very good slogan: "I can do it." Of course, you can.
- 2019-0601-050 Take that message from tonight to your fellow brothers and sisters. Tell them they can do it, because there are many who despair. That is why they act out, as you call it, because they feel that they do not have any power,

that they cannot do anything. So they take a creation that they are making and use it to act out.

- 2019-0601-051 Better that they would act in, to come within, and have someone who will dare to smile at them at a moment when it is needed. That also has happened. It is not noted by your news corporations, but the miracles of one coming along right at the right time, not knowing what is going on with the other one, and smiling, offering a word, or not, but recognizing them, that has been the miracle that they needed. It has been a miracle, as easy as could be.
- 2019-0601-052 So when you see ones who seem to be struggling, even if they don't show it, smile at them. Let them know that there's something good yet in the world, so they do not have to act out and take others seemingly out.
- 2019-0601-053 Beloved ones, it has been my great joy to be amongst you in this evening. That which we touched upon this evening, skipping here and there, is going to be talked about in more depth this summer. I look forward to sharing with you more of your history and your future. So be it.